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January 18, 2019

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A quote from Pope Francis:

"God gave us the dignity of being His sons and daughters. From this there derives the question: how can I share this dignity, so that it develops into positive reciprocity? How can I ensure that the other feels worthy? How can I 'spread' dignity? When someone is disdainful, segregates, discriminates, he or she does not spread dignity, but rather the contrary. It is good for us to ask ourselves often: how can I assume my dignity? How can I make it grow? And it is also good for us to interrogate ourselves to discover if and when we do not spread dignity to our neighbour."

— Audience with Italian Biblical Society, Sept. 15, 2016

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