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September 11, 2019

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Take a moment to reflect on the photo.

Let nothing disturb you.

Let nothing upset you.

Everything changes.

God alone is unchanging.

With patience all things are possible.

Whoever has God lacks nothing.

God alone is enough.

— St. Teresa of Avila

Where does your money go? Whom does it support?

[Better World Shopper](#) rates businesses on these criteria: human rights, the environment, animal protection, community involvement and social justice.

Season of Creation Daily

pause | reflect | act

Editor's note: [Season of Creation Daily](#) is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, [sign up here](#).

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