

[News](#)



by Gaston Lopez

[View Author Profile](#)

[Join the Conversation](#)

June 2, 2020

[Share on Bluesky](#)[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)



On the heels of last fall's global climate strikes and Greta Thunberg's captivating U.S. visit, I happened on a book on the future of water in a thrift store. Along with [talk of a new reservoir nearby](#) and discussion of a drier future ahead, the book got me thinking about becoming a better steward of the planet, something I had not given thought to since trying to read *Laudato Si'* years ago.

Now I voluntarily shower only three times each week, with a bucket to catch water for cleaning the bathtub. The showers feel more precious now, more invigorating. It's a habit that remains, even with this pandemic, a situation that reminds me to be mindful of how much I consume in relation to others, whether it's water, toilet paper or food.

-- Gaston Lopez lives in Fort Collins, CO. and describes himself like this: "Studied science, still finding the right calling, making life work out anyway out west."

Advertisement

This story appears in the **Small Earth Stories** feature series. [View the full series.](#)