## <u>Blog</u> Spirituality



(Unsplash/Denise Jones)



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A listener asks, "I really feel my life has a lot of unhappiness. Do I need religion to find my way?" In this "Ask Sister" clip, Sister Maxine and Franciscan Sr. Shannon Schrein reflect on what religion has to offer us.

<u>Click here</u> to listen to the full "Ask Sister" podcast where this clip is from.

*GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of* <u>*all their podcasts*</u> (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, <u>ANunsLife.org</u>.

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