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(Unsplash/mana5280)



by Maxine Kollasch

Contributor

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Clip from "Ask Sister"

Can you change your Lenten practices after Lent starts? In this clip from a 2016 episode, Sr. Maxine Kollasch and Sr. Julie Vieira talk about seeing what Lent brings you — and how it may take you in new directions from what you planned on Ash Wednesday.

[Click here](#) to listen to the full "Ask Sister" podcast where this clip is from.

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