

[Spirituality](#)



Soul Seeing for Lent host Michael Leach and Franciscan Sr. Ilia Delio, the Josephine C. Connelly Endowed Chair in Theology at Villanova University. (NCR screengrab/YouTube)



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For the second year, NCR is bringing our readers a four-part series of conversations on spirituality during the Lenten season.

[In this final and Easter Monday conversation](#), Soul Seeing for Lent host Michael Leach speaks with Franciscan Sr. Ilia Delio, the Josephine C. Connelly Endowed Chair in Theology at Villanova University, about finding God in everything and balancing spirituality and science.

Background reading:

- [In her Soul Seeing for Lent column](#), Delio invites us to see the invisible in the visible, to notice and celebrate every miracle of life, whether a tiny twig, a small flower, or a burly human, because everything is bursting with divine life.
- You can find more of Delio's work [at Global Sisters Report](#).
- Soul Seeing, which is edited by Leach, is a regular NCR column focused on spirituality and the "peace beyond all understanding." [You can read all Soul Seeing columns here](#).

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[Check out the first Soul Seeing Lent conversation with Loretto Sr. Jeannine Gramick](#), co-founder of New Ways Ministry, about her ministry, her correspondence with Pope Francis and what she's doing this Lent. Or [watch the second conversation with Jesuit Fr. Jim Martin](#), editor-at-large at America magazine, about the power of prayer and having honest conversations with God. And [don't miss the third conversation with Nicole Symmonds](#), visiting professor at McAfee School of Theology and NCR Sacred Writes Fellow, about finding humanity on Twitter, spreading positivity and love and her journey to Catholicism.

This story appears in the **Soul Seeing for Lent** feature series. [View the full series](#).