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[Spirituality](#)



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by A Nun's Life Ministry

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A listener ponders whether it's easier to be forgiven than to do what's right in the first place.

While "preventive" forgiveness sounds like a good idea, Sisters Maxine and Shannon note that despite intentionally choosing right actions, there always will be reasons to seek and give forgiveness.

The capacity to forgive and be forgiven makes us free, they say.

Click here to listen to the full "[Ask Sister](#)" podcast where this clip is from.

*GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of all their podcasts (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, ANunsLife.org.*