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(Unsplash/Matthew Brodeur)



by A Nun's Life Ministry

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In this clip from "Ask Sister," with Sister Julie and Sister Maxine, a young listener wants to reconcile with God, but he wants to speed up his spiritual journey. He asks:

Can an ordinary person like me get a spiritual adviser? If so, how often would I be allowed to meet with them? And I'm sort of worried it might be gluttonous to see a spiritual adviser, let's say, three days a week.

Click here to listen to the full "[Ask Sister](#)" podcast where this clip is from.

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