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by A Nun's Life Ministry

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In this clip from the "Ask Sister" podcast, a listener laments the difficulty of being a "God girl" when her peers don't take religion seriously. "When I told my friend that I wanted to be a nun, she asked why I wanted to ruin my life," the listener recalls. Dominican guests Srs. June Fitzgerald and Mattie Sterner have advice on making God part of your regular life — and question whether religious life can ruin you!

Click here to listen to the full "[Ask Sister](#)" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of [all their podcasts](#) (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, [ANunsLife.org](#).

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