Blog
Spirituality



(Unsplash/Chris Liverani)

by A Nun's Life Ministry

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Leslie from Canada feels a lot of unhappiness in life; Leslie poses this question: "Do I need religion to find my way?" Sister Maxine and Sister Shannon build on that, asking, "Should we expect religion to make us happy? Or at least less unhappy?"

Click here to listen to the full "Ask Sister" podcast where this clip is from.

GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of all their podcasts (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, ANunsLife.org.