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(Unsplash/Matthew Brodeur)



by A Nun's Life Ministry

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In this clip from "Ask Sister," with Sister Julie and Sister Maxine, a young listener wants to reconcile with God, but he wants to speed up his spiritual journey. He asks:

Can an ordinary person like me get a spiritual adviser? If so, how often would I be allowed to meet with them? And I'm sort of worried it might be gluttonous to see a spiritual adviser, let's say, three days a week.

Click here to listen to the full "[Ask Sister](#)" podcast where this clip is from.

*GSR shares clips from our friends at A Nun's Life Ministry. Check out full episodes of all their podcasts (Ask Sister, In Good Faith, Random Nun Clips and more, like the archived Motherhouse Road Trips) on their website, [ANunsLife.org](http://ANunsLife.org).*